

JOLIMONT NEWSLETTER Wednesday, 13 October 2021

Excellence Respect Integrity Care

2021 Year to Flourish Term 4 – Resiliency

The Season of Kambarang - October & November - The season of birth and renewal, with longer dry periods and a warm change, an abundance of colourful flowers, reptiles start to awaken from their hibernation, and Magpies protect their nests.

Term 4 Welcome

We have several new families starting with us this term and we warmly welcome them to our school community.

Thank you to our families for ensuring swimming items and preparations went smoothly today. Please don't forget to pack thongs, goggles, sun cream, towel and have your child in their bathers ready for the pool.

We have an exciting term planned so please check out our online calendar and Term Planner [here](#).

FROM THE BOARD

The board welcomes new community member Belinda Stobie (City of Subiaco), completing our busy program of recruiting and inducting new members. Continuing our business plan implementation review, we received an excellent report from Mel Hosgen and discussed the school's many initiatives in the area of sustainability. We're delighted with the announcement of Department funding for new multi-purpose courts.

Michael Hodgkins, Board Chair

Staff Development Day

As part of our Business Plan objectives to further build on student and staff health and well-being, all staff participated in a mindfulness program we will fully implement in 2022. This exciting new program aims to improve the mental, emotional and physical wellbeing through an evidence based program. We are sure your children will enjoy sharing their learning about this next year.

Solutions Space

We are delighted to share the work our Chaplain and the Care Councillors have been working on recently. The Solution Space bench was created for students who require help in the playground. We hope this teaches our children how to recognise, articulate and manage situations. Please see photo attached.

Sustainability

[Containers for Change](#): Jolimont PS recently registered with Containers for Change, allowing us to officially collect and return eligible empty drink containers for the 10 cent refund. If you choose to donate your refund to Jolimont PS when returning your containers, please use our [Scheme ID: C10465896](#). For more information, visit the Containers for Change website [here](#).

FUTURE EVENTS

2021 Colour Run – Friday, 5 November

It's on again! The colour run is back bigger and better than ever! Look out for information coming home this week in your child's home folder. Get ahead of the pack and get your tickets now at <https://events.humanitix.com/jolimont-ps-2021-colour-run>. Please see flyer attached.

Drama Flourish with Esther Longhurst

Lights, camera, action! We are very excited to have Esther Longhurst, a Perth born and bred actress and performing arts specialist, work with all students from Year 1 – 6 this term. Ms Longhurst will be developing student's dramatic acting skills through drama and improvisation, and has specially designed an 'improv program' centred around our school's Flourish theme. The program has been created to develop student's abilities to take risks, be brave, and to listen and embrace other's ideas. More information will be sent home soon.

RECENT EVENTS

Fundraising

Our Jump Rope for Heart event held on the last Tuesday of last term, raised a phenomenal amount of \$6,082. A wonderful energy was created both in the lead up to this event, and on the actual day.

We are also pleased to announce that \$654.20 was raised on the last day of last term, for the Dog's Refuge Home in Shenton Park. Staff and students wore their favourite footy/sporting team colours and donated a gold coin, or purchased a sweet treat at a bake sale after school.

A huge thank you to our school community for supporting these fundraising events.

GENERAL

Mental Health Week

WA Mental Health Week is this week and is titled '**Mental health starts with our children.**' It recognises the need for positive mental health and wellbeing for kids to learn, thrive and develop. Here are some quick tips for improving mental health in children:

Listen – if a child tells you how they feel it's because they trust you. You don't need to 'fix it'. By listening, you can help them reflect and harness hope.

Humour – if tension rises, try to keep perspective and see the lighter side of the situation.

Connection – find simple and fun activities that build genuine engagement between kids and adults.

Get active – music, dance, being out in nature all boost our mental wellbeing. Try to be active every day.

Culture – create a place where belonging, trust and confidence flourish by celebrating individuality, encouraging effort and valuing each person.

There are lots of resources on the Mental Health Week website (mentalhealthweek.org.au) for activities, events and support. And remember to reach out if you or your child need extra support.

Chaplain Katie - Kathryn.HillAlmeida@youthcare.org.au

Keyed Up Music Lessons

Keyed Up Music will be teaching keyboard and guitar group lessons this term after school. Lessons start at \$18.65 for a group of 4 per lesson. If you are interested in your son/daughter learning an instrument, contact Savanna on 6107 8841 or 0479 171 424 or enrol at www.keyedupmusic.com.au/enrolment-form

REMINDERS

Calendar

Please see the Term 4 calendar [here](#).

FROM THE CANTEEN

Please note that prices have increased and have been adjusted on the online canteen system website. We encourage everyone to use the online canteen system - an account can be set up here and remember to keep details up to date. The canteen menu on the Jolimont PS website will be updated soon, along with hard copies in the office.
Julie, Canteen Manager

