

JOLIMONT NEWSLETTER - Term 3 Wednesday, 19 July 2023

Excellence Respect Integrity Care 2023 Year of Humanity

Welcome Back

Here we go! Another manic Term 3 full of excursions, sporting competitions, wild weather and special school community events. Please look out for your class teacher's newsletter for more detail about events pertaining to your child. I would like to sincerely thank Mrs Crump for her dedication, commitment, and care for our school whilst I galivanted around our amazing country. Swimming with the whale sharks was definitely the highlight. This position can be complex and challenging, and yet your children bring such joy and delight! They are what makes our profession so very special. As I visited classes this week, I was touched by the exceptionally warm smiles and 'welcome-back messages'. It is indeed lovely to be back and to be well rested after a hectic past few years.

I would like to also thank and acknowledge the excellent work of our Semester One senior student leaders. We wish the Semester Two candidates all the very best for their presentations this week and look forward to working along-side them for the remainder of the year.

Barbara Iffla, Principal

Welcome New Staff

We are truly delighted to warmly welcome five new teachers to Jolimont this term. Welcome to the Jolimont community:

Miss Ott-Kelly in Year 5 Room 18

Miss Greco in Year 1/2 Room 1

Miss Martin in Year 3 Room 7

Mrs Elder in Year 1 Room 4

Mrs Herlihy DOTT cover in Year 1

Board Nomination Voting Reminder

We remind our community the board voting process closes this Friday, 21 July. This election process is being run by Education Services Australia and each parent may only vote once using the personal code provided in an email which was sent from <mailto:admin@schoolsurvey.edu.au> at the end of last term.

Please find the bio information for the 3 nominees at the following link https://drive.google.com/file/d/11gQbO_TZQAvAur77G-V-taN4IUbH5uqQ/view?usp=drive_link

Term Planner

Please see our Term 3 Planner attached.

Athletics Training

Mrs Gregson and Mr Staples are running athletics training for Year 3 to 6 students on Wednesday morning 7:45am-8:30am and Thursday afternoon 3:15pm-4:15pm.

Art News

I am delighted to announce that Sophie W (Room 5) has been selected as a finalist for the Shaun Tan Award for Young Artists, 2023. As you can imagine, I am so proud of Sophie's achievement, and take great pleasure as I share this news with our school community. This prestigious Award is valid recognition of Sophie's talent and enthusiasm for the Visual Arts. Congratulations Sophie and I wish you the very best as you fulfil your dreams. Continue to paint the world with every colour in your palette. Sophie's "Summer Time" can be seen on

display at Subiaco Library. See image attached.
Mrs Cutler, Art Teacher

P&C NEWS

The P&C welcomes everyone back for Term 3, and a special welcome to our new families and new staff.

Our P&C meeting is next Tuesday 25 July, 5:30pm, in the school library. Everyone is welcome.

DADS GROUP UPDATE

Upcoming events: 2023 Dads campout – Saturday, 16 September

Hi all, excited to be holding the event again in 2023. Hugely successful and totally sold out in 2021 and 2022. Located at the beautiful Baden Powell Campground in Dwellingup. Good entry-level camping. Full overview and contact details here

<https://events.humanitix.com/2023-jolimont-dad-s-and-kids-camping-trip>

Topic: Physical activity and wellbeing as a dad

Finding time for a solid amount of physical activity can be challenging, let alone when you have kids and a family. Depending on whether you have built the habit from a young age, might impact your momentum to keep it going. Research shows that keeping active can help lift mood, help improve sleeping patterns, increase energy levels, help block negative thoughts and/or distract people from daily worries.

Tips for physical activity for dads:

- **Set up a regular routine to be active every day.** Making a specific time to be active helps ensure you get your daily physical activity. Are you a morning person – head out for that 5:30/6am walk/jog/run. Or perhaps the evening is your thing – try to set aside some time, even if it's just 15-30 minutes.
- **Keep screen time to a minimum.** Where possible try to create clear and consistent limits. Think about what you and your kids could be doing instead such as being active, playing together, learning something new or reading a book.
- **Exercise with your family.** Plan time to be active with your children with games at home, walks in the parks, or cycling etc.
- **Play with your kids.** Play is a great way to get fit and have fun. Playing chase, a ball game, running races or a dance competition will get you puffing plus make you laugh which is also great for your health and wellbeing.
- **Set yourself and your family exercise goals.** You could record your steps or time you have played. Record your progress on a weekly activity chart or map how far you have travelled. Reward yourselves with something you value.

Dad joke of the week: 5 ants rented an apartment with another 5 ants. Now they're tenants.

How to get involved in Jolimont PS Dads Group activities and updates –

Register at the FP Dads Portal. Takes 60 seconds. Go to thefatheringproject.org > In Schools > Join a Dads Group (search 'Jolimont')

CANTEEN

The canteen is open Tuesday to Friday and has resumed normal hours with recess items now available. To set up a QuickCliq account, click [here](#) and for more information about the canteen, including menu, click [here](#).